

WHAT IS **OUTSTANDING** IN THE NATIO-NAL PARK OF Monfragüe?

Lynx pardinus he National Park of Moncomprises an area of 18.396 ha. stretching along the river Tagus, and surrounded by large extents of oak-covered parkland (dehesas), being an unique refuge for the most as well as Spanish Imperial representative species of the Eagles, Black Storks and Mediterranean wildlife. Due to formerly Iberian Lynx,

of the most remarkable areas for nature in Europe

Monfragüe allows the visitor to know the landscape of great part of the Iberian Peninsula hundreds or thousands years ago. The visit is therefore an opportunity to discover a place of Iberian Lynx & the past, were the nature is still wild

> and beautiful. Nowadays, the Park harbour a population of more than 250 Black Vulture breeding pairs, the biggest colony for the

species World range, its well preserved woodland and all of them threatened scrubs and to the presence of at World level. endangered fauna, this is a great Black Stork treasure of biodiversity, and one Ciconia nigra

WHAT CAN **WE WATCH IN** THE NATIONAL PARK?

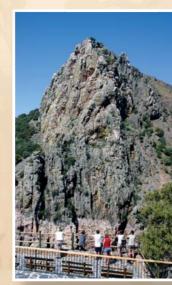
he larger part of the National Park is very vulnerable to visitors, due to the presence of a rich community of sensitive fauna. In order to allow the people to enjoy this unique natural region, the Public Use Area was established since the Park was designated in 1979 with its core in the village of Villarreal de San Carlos, which is surrounded of spectacular places, as the rough cliffs of Salto del Gitano and Portilla del Tiétar, as well as the Castle of Monfragüe. The roads Trujillo-Plasencia and Villarreal-La Bazagona are the main ways to access to these points.

many other bird species, which

In a typically Mediterranean landscape, composed of slopes covered of pristine woodland and scrub, and large Oak parkland (dehesas) in the plains around, are enclosed the river gorges which are a refuge for a great variety of avifauna. Griffon Vultures are the most abundant, although it is easy to see also Black and Egyptian Vultures, Golden, Bonelli's, Booted and Short-toed Eagle, Black and Red Kite, Eagle Owls, Black Storks, Grey Herons, Cormorants and tional Park.

make Monfragüe a true sanctuary for birdwatchers. There are also very attractive

spots and moments, like the bellowing time of Red Deers in autumn, the smoggy mornings in winter, or the blooming of colours and smells throughout the year, which hold out many incentives to visit the National Park.



To enjoy the stay in Monragüe, there are several routes along rivers, streams and slopes, delightful view points from hills, and fresh fountains plentiful of water and shadow. We also can meet historic monuments, as the Castle of Monfragüe with its annexe Hermitage, cave paintings and popular architecture in the villages and country houses. Moreover, we can visit the Information Centre and showings at /illarreal de San Carlos for a better understanding of the natural and cultural values of the NaTHE PUBLIC Use Area of MONFRAGÜE

Blue Rock Thrush

Monticola solitarius

Use Area, there

are a set of routes

showing the whole variety of

landscapes and all the species

of flora and fauna which can

be found in the National Park.

Being patient and lucky, the

visitor can encounter true wild-

life jewels. A good planning of

suggestions of the Park's Staff,

will facilitate to enjoy the stay

in Monfragüe.

A VARIETY OF **WAYS TO EN-**JOY MONFRA-

Walking tracks with variable length, duration and degree of difficulty (from half one hour to full-day).

Two drives by car over roads, with interesting view-1. Villarreal-Castillo (8 km)

2. Villarreal-Saltos de Torrejón-

Portilla del Tiétar (12 km) Cycle or horse the travel and following the riding around the Biosphere

Reserve, neighbouring of the National Park. Walks and interesting

sites in the villages around the

is necessary. Binoculars are indispensable to watching birds.

from the heavy sun.

rough tracks.

ADVICES FOR

VISITORS

Do not forget:

Monfragüe is a mountainous

area with hot summers and cool

winters, and thus, it is important

to bring the adequate clothing

to each weather: winter clothes,

a raincoat or a cap to protect you

Appropriate shoes to walk over

If we chose a long itinerary, a

water bottle and a packed meal

There is a Camping close to the National Park, in

Malpartida de Plasencia, in the road from Villarreal de San Carlos to Plasencia. Free camping is not allowed in any other place.

- By using the litter bins, you contribute to maintain clean the Park. Please, do not forget to take your residues up to the nearest dustbin.
- Fire is very dangerous. Do not with stops in Navalmoral de la Mata, Trujillo, light any bonfire, and be extremely careful if you are smoker.
- By cutting or pulling up wild with stops in Malpartida de Plasencia and Plasencia. plants, you are preventing other people from enjoying its beauty.
- Getting out of the signposted Trujillo +34 927 32 12 02 / 927 32 05 00, roads is inadvisable, because you and Navalmoral de la Mata +34 927 53 05 55/927 53 33 00. may get tired, and probably the tangle will obstruct your course.
- Being silent, you will be able to watch and listen wild animals, and also you avoid to disturb
- The equipments of the National Park has been provided to help the visitors. Please, make a good use, since many people will need
- Graffiting on walls, signals or other surfaces is a thankless behaviour which leave a bad memory of a visitor, and should be punished

Common Hawthorn

10695 Villarreal de San Carlos (Cáceres) Phone: +34 927 19 91 34. Fax: +34 927 19 82 12.

parquenacionaldemonfrague@juntaextremadura.net

Communications

Plasencia-Trujillo, Monday and Friday.

Torrejón-Plasencia from Monday to Friday

with stop in Villarreal de San Carlos.

From Madrid,

Auto-Res Madrid-Cáceres,

Madrid-Navalmoral de la Mata.

Madrid-Moraleja and Madrid-Acebo

Bus stations. Phone numbers

Plasencia +34 927 41 45 50,

RAILWAY

Several trains coming from:

Madrid, Sevilla, Badajoz, Lisboa, Cáceres and Plasencia

Arriving to the Station of Monfragüe,

situated 18 Km. from Villarreal de San Carlos.

Phone: +34 902 240 202.

SOME USEFUL PHONES AND ADRESSES

Information Centre

http://www.extremambiente.es http://reddeparquesnacionales.mma.es/parques





JUNTA DE EXTREMADURA Consejería de Industria, Energía y Medio Ambiente

Main interesting SITES IN THE PU-BLIC USE AREA

visitor can find

distributed over the network of routes, which are spatial landmarks and priv- The Keep of this Castle ileged view-points, suitable to watch and enjoy the nat-rebuilt by the Chrisural and cultural richness of tians, XIIth-XVth) of-Monfragüe. These are the fer a spectacular panpoints of greatest interest oramic view of the which must be visited dur- landscape of Moning a stay in the National frague and its sur-Park:

his small village belonging to the township of Serradilla is the only inhabited place inside the Na-

E SAN CARLOS

tional Park. It is the core of decorated with cave paintthe Public Use Area, having ings, very well preserved, available several Informa- which are among the best tion and Showing Centres examples of this art in Exwhich are the best starting tremadura. A reservation

ALTO DEL GITANO

the most attractive spots of Monfragüe. A nagnificent cliff gorge bird-watching.

CAVE PAINTINGS

pelow the Castle there Dis a small rocky shelter points to visit Monfragüe.. for visit may be requested

his place is undoubtedly one of

crossed by the river Tajo. Prime view-point for

(of Arabic origin, later roundings, being a main point to watch the flights of Vultures and other raptors.

in the Information Centre

of Villarreal de San Carlos.

This place is found in the route of la Casa de Camineros. Surrounded of a splendid patch of Mediterranean forest, it offer a beautiful view of the slopes of sierras and the gorges of the river Tajo.

elightfulitineraryalong the stream of Malvecino, covered of dense riparian woods, giving friendly shadow and freshness in hot time. Small bridges and catwalks make easy the





Paeonia broteroi

rom the top of this prominent hill, the visitor can look at a singular panoram- ing area situated over ic view of the Tajo, the cliffs the banks of the rivof Salto del Gitano and the er Tiétar, and fac-Castle of Monfragüe. There ing a craggy cliff can be seen remains of an were there are antique fortress. This is a privileged place for watch- birds of prey. ing Black Vultures.

9 LA TAJADILLA

This is a spacious viewpoint and breakmany nests of

Eagle Owl Bubo bubo



his site, 4 Km. apart from Villarreal de San Carlos, provides a magnificent view of the geological history of Monfragüe, allowing the watch of an illustrative rock fold

L PLIEGUE

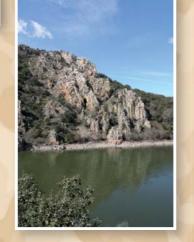
as well as the set of mountain ranges of different heights shaping the landscape of the Park.

LA HIGUERILLA

igh observation point over a wide meander of the river Tiétar, with the far view of the mountain range of Sierra de Gredos. watching waterfowls.

> Great Crested Grebe Podiceps cristatus

teep cliff falling on the river Tiétar, where can be sighted many nesting bird species. This is a famous site among birdwatchers because the great diversity of species (Black Stork, Eagle Owl, Otter, Spanish Imperial Eagle...)



L SERRANO

V the mouth of the

river Tiétar into the

XVth).

Tajo, facing

the Cardi-

nal's Bridge

(Puente del

Cardenal

over, fragüe and its surroundings were designated in 2003 as Biosphere Re-

serve by the UNESCO, in recognition of the high natural and cultural values of the area, and seeking a sustainable development of the local population and the preservation of biodiversity and the historic heritage.

Complementing the stay in the National Park, many interesting sites and itineraries can be covered in the Biosphere Reserve, on foot or by bicycle:

Route "Cañada Real Trujilla na o Vizana'

This major cattle track run between Torrejón el Rubio and Route "Cañada Real del Puer-

Route "Villarreal-Serradilla"

tinerary connecting the National Park with the village of Serradilla, passing through a variety of landscapes.

Malpartida de Plasencia, crossing the National Park in a long itinerary. A passage permit is required to go from Villarreal de San Carlos to Torrejón el Rubio, which may be requested in the Information Centre of the National Park (Villarreal) or in the Tourism Office of Torrejón el Ru-

Route "Dehesas de Toril y Ser-

Crataegus monogyna

ountry road crossing extensive pasturelands with oaks ("dehesas"), in part devoted to raising of wild cattle. From the road Villarreal-La Bazagona, the route arrive at the villages of Toril and Serrejón.

Route "Camino forestal"

his route go on a country road connecting the villages of Malpartida de Plasencia and Serradilla, through areas of pine afforestation and well preserved

to de Miravete"

oing over this main cattle track (still used by the herds of cattle on the move between seasonal pastures), the visitor may travel across the Eastern side of the Biosphere Reserve, from the Tajo river up to its tributary the Almonte.

All these routes can be travelled on foot or by bicycle. Weather and topography should be taken into account, since they could affect the degree of difficulty. Some of these itineraries are near or partly coincide with roads where driving cars is allowed.

How and when to visit Monfragüe?

■he National Park may be visited at any hour of day. It is recommendable to start from the Reception Centre of Villarreal de San Carlos, open mornings and evenings, every day, even holidays.

The visit is free and self-guided. The routes, of variable duration and easiness are fully signposted to facilitate the walks. Moreover, if you are interested in a guide service or other activities, you may request a list of local enter-

or organized groups, it is recommended to arrange previously the visit by calling to the Information Centre (Phones: 927199134 - Fax 927198212) in order to facilitate a better service by the staff of the National Park.

Where to have a meal and where to sleep?

n the neighbourhood of the National Park there are a lot of restaurants and lodgings offering a broad variety of services. A list can be taken in the Information Centre. Besides, in the Public Use Area there are available several picnic spots and drinking fountains.

